

## How to Resurrect Hope When You Are Hurting

2 Corinthians 1:8–11



**8 For we do not want you to be unaware, brothers, of the affliction we experienced in Asia. For we were so utterly burdened beyond our strength that we despaired of life itself.**

“Despair” is the result of having no \_\_\_\_\_ or way of \_\_\_\_\_.

**9 Indeed, we felt that we had received the sentence of death. But that was to make us rely not on ourselves but on God who raises the dead.**

God’s purpose in trials is to teach us to abandon an unhealthy \_\_\_\_\_ - \_\_\_\_\_ and \_\_\_\_\_ in God.

**10 He delivered us from such a deadly peril, and he will deliver us. On him we have set our hope that he will deliver us again.**

Paul’s confidence is based on God’s actions in the \_\_\_\_\_, \_\_\_\_\_, and the \_\_\_\_\_. Spurgeon said our true hope was in the permanent remedy of the \_\_\_\_\_.

**11 You also must help us by prayer, so that many will give thanks on our behalf for the blessing granted us through the prayers of many.**

Three life lessons we need to remember:

1. We will have \_\_\_\_\_ this side of Heaven.
2. Divine deliverance comes as we \_\_\_\_\_ on God.

3. God’s deliverance comes in response to the \_\_\_\_\_ of God’s people.

Biblical hope is not wishful thinking but an absolute confidence in God’s promises for the \_\_\_\_\_ (v. 10) based on his faithfulness in the \_\_\_\_\_ (v. 9).

Why do Christians experience suffering?

1. To bring \_\_\_\_\_ and warn us of the consequences of sin.
2. To \_\_\_\_\_ us in our weakness to Christ’s image (His personality).
3. To develop deep spiritual qualities like \_\_\_\_\_ and \_\_\_\_\_.
4. To teach \_\_\_\_\_ that enables us to identify with and help others.
5. To provide \_\_\_\_\_ to those whose faith is weak.
6. To convince the \_\_\_\_\_ that God’s grace is real.

### What do you do when you are hurting?

1. Embrace the \_\_\_\_\_.
2. Be \_\_\_\_\_.
3. Learn to be \_\_\_\_\_.
4. Take it to the \_\_\_\_\_ in \_\_\_\_\_, and very few others.
5. Seek \_\_\_\_\_.
6. Learn the power of \_\_\_\_\_.
7. Trust God’s \_\_\_\_\_.

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If you’d like to talk more about life’s hurts and how you can find God’s help, please text the word “Connect” to 615-640-3712.