



Faith-Based Initiatives Newsletter

ONE | Team Vision

TENNESSEE'S COMMUNITY-BASED CHANGE AGENTS

Faith-Based Community Regional Coordinators



Meet Amy Bechtol

Amy Bechtol is the faith-based community coordinator for the 21 counties of West Tennessee. She holds master's degrees in clinical psychology and social psychology. She has over 20 years of experience teaching psychology in higher education and is a published researcher. Her passion is educating others to reduce stigma and encourage grace. Amy has lived experience with substance use disorder and social anxiety and feels so blessed to be able to use her story to help others find recovery.

To contact Amy Bechtol: amy@jmplprevent.org, (731) 694-1993

COVID-19 Resources for Faith Organizations

[Recommended Preventative Practices and FAQs for Faith-based and Community Leaders](#)

[Preparing Your Church for Coronavirus \(COVID-19\)](#)

Coronavirusandthechurch.com

Social distancing does not have to mean social isolation.

Initiative Goals:

1. Connect individuals struggling with addiction to treatment.
2. Facilitate understanding of what treatment and recovery are.
3. Increase knowledge of what addiction is.
4. Understand the continuum of care and collaborate with it.
5. Help groups understand and implement the best practice model.
6. Promote and improve effectiveness of the faith-based initiative and how it connects the community with recovery and support services.

Looking for an online recovery meeting?

- ⇒ [Online Intergroup Alcoholics Anonymous](#)
- ⇒ [In the Rooms](#)
- ⇒ [12step.org](#)
- ⇒ [Lion Rock Recovery](#)
- ⇒ [Smart Recovery](#)
- ⇒ [Guided Meditation Online Groups](#)
- ⇒ [Peer Support](#)
- ⇒ [Online NA](#)

Need help taking your meeting to a virtual format?

- ⇒ [SAMHSA Virtual Recovery Resources Fact Sheet](#)

ONE | Team Vision

TENNESSEE'S COMMUNITY-BASED CHANGE AGENTS

Project Lifeline Coordinators, Recovery Navigators, & Regional Overdose Prevention Specialists



Meet Will Taylor

Will has 5 years of experience in the field of mental health and substance abuse services working for a treatment provider. He has been a Certified Peer Recovery Specialist since 2015 on the state level and a National Certified Peer Recovery Specialist since 2018. Will serves as a Youth & Adult Mental Health First Responder, a member of the TSPN Middle TN Postvention Response Team, a QPR trainer, a Trauma Informed Approach trainer, trainer for Framework to Building Stronger Brains, a member of The Tennessee Alliance for Drug Endangered

Children, and is an LADAC I Counselor. Will currently serves as Lifeline Peer Coordinator for Region 5 North. His home hub is Prevention Coalition For Success out of Murfreesboro, TN but he works within 13 counties of north middle Tennessee.

To contact Will Taylor: wtaylor@pc4s.org, (615) 203-9066

FOR HELP FINDING TREATMENT, CALL OR TEXT:

1-800-889-9789

Monty Burks, Ph.D.
Director of Faith Based Initiatives
500 Deaderick Street, 5th Floor,
Nashville, TN 37243
(615) 770-1783 Office



TN Department of
Mental Health &
Substance Abuse Services

Additional COVID-19 Resources

samhsa.gov/coronavirus

[Coronavirus Guidelines](#)

[CDC COVID-19 Website](#)

[Outbreak Info for TN](#)

[Information for TN Behavioral Health Consumers and Providers](#)

[Staying Mentally Healthy During Quarantine](#)

Disaster Distress Hotline:
1-800-985-5990

Beyond Online Meetings & Info...

[Best Recovery Podcasts](#)

[Online Therapy Programs](#)

[Shatterproof Blog](#)

[Best Alcohol Recovery Blogs](#)

[Free Emory University Course on Addicted Brain](#)

"I'm a strong fighter, I'm a fighter who can adapt to my surroundings."

-Canelo Alvarez